








Garston Church of England Primary School Lunch Menu - Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
<p>HOMEMADE PIZZA</p> <p>Choose from cheese & tomato or pepperoni served with corn on the cob and homemade potato wedges.</p> 	 <p>BBQ CHICKEN</p> <p>Choose from either marinated BBQ chicken or Quorn pieces in a homemade BBQ tomato sauce served with rice and mixed vegetables.</p>	<p>ROAST DINNER</p> <p>Choose from either home roasted breast of turkey and stuffing or a Quorn fillet. Served with roast potatoes, carrots, broccoli, and gravy</p> 	 <p>MEATBALL PASTA</p> <p>Beef or Quorn meatballs in tomato and basil sauce, served with pasta and garlic bread</p>	<p>FISHY FRIDAY</p> <p>Choose from either Battered Cod fillet, fish fingers, or Quorn nuggets baked in the oven and served with chips and peas or baked beans.</p> 

Jacket Potatoes are also available daily as a hot alternative

Deli Bar – Available Everyday

Design your own sandwich, first choose– a wrap or batch then choose your filling a selection of the following will be available daily – ham, cheese, tuna, turkey, egg and finally. finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, and peppers.

Dessert

Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day






Drink

Water will be available daily



Garston Church of England Primary School Lunch Menu - Week 2



Monday	Tuesday	Wednesday	Thursday	Friday
<p>CHICKEN KATSU CURRY</p> <p>Breaded chicken or Quorn with a Japanese style mild curry sauce with rice and prawn crackers</p> 	 <p>BIG BREAKFAST</p> <p>A pork or Quorn sausage, bacon, hash brown, egg, beans, tomatoes, toasted bread or bagel.</p>	<p>ROAST DINNER</p> <p>Choose from either home roasted breast of turkey and stuffing or a Quorn fillet. Served with roast potatoes, carrots, broccoli, and gravy</p> 	 <p>HOMEMADE LASAGNE</p> <p>A rich lasagne layered with bolognese and bechamel sauces. Served with Garlic bread and sweetcorn.</p>	<p>FISHY FRIDAY</p> <p>Choose from either Battered Cod fillet, fish fingers, or Quorn nuggets baked in the oven and served with chips and peas or baked beans.</p> 

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Dessert

Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day

Drink

Water will be available daily